

# The *Quest* for Eternal Youth

Dr. A. David Rahimi specializes in keeping patients “forever young”

BY MARCI WEINER

Who doesn't want to be “forever young”? With this wish in mind, I paid a visit to the Los Angeles offices of Dr. A. David Rahimi, board-certified dermatologist and cosmetic surgeon, to see whether this miracle can be accomplished.

I'm not big on plastic surgery, and I'm particularly concerned about anesthesia. Going under the knife is not as terrifying to me as being put into a sleep from which I might never awaken. Dr. Rahimi put my fears to rest when he told me that he NEVER uses general anesthesia. All procedures are performed under local anesthesia, which dramatically decreases risk and promotes faster recovery.

The good doctor assured me that his surgery is “like going to the dentist”—you don't feel anything, you can talk through the whole procedure, and recovery time is much shorter. Most patients can walk out after the surgery and return home, along with someone to watch over them for a couple of days.

My next question for Dr. Rahimi was, “What do you think would help keep me looking forever young?” After careful



scrutiny, he suggested his patented “Tulip Lift,” a mini-facelift that will keep me looking like myself, only fresher. This is an outpatient procedure, minimally invasive, and concentrates

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more on the neck and jowls. The first “petal” pulls the face horizontally and slightly up, the second tightens the jowl, and the third deals with the sagging neck area.

Recovery time is seven to ten days, and the results last for five to ten years. The Tulip Lift can be customized and combined with other procedures, such as chemical peels and laser treatments. Cost: about \$7,000.00.

I also considered liposuction, and asked Dr. Rahimi whether this procedure could be performed under local anesthesia. “Of course,” he replied. Discomfort during liposuction is non-existent, he said, because patients are lightly sedated,” and scarring is minimal because the incisions are small and heal easily. He told me about Lypolysis, the new lipo, in which the injection of a substance called Lipostabil dissolves fat.

We also spoke about fat transfers, which provide natural-looking results. Being a jewelry lover, I like to show off my latest rings or bracelets, but my hands display more of my age than I wish to reveal! How great it would be to remove fat from my thighs or tummy and fill in the wrinkles on my cheeks and the back of my hands. Dr. Rahimi harvests this fat, which can be frozen for later use. Sort of like my own personal beauty bank!

So after careful consideration, and more than an hour of personal consultation with Dr. Rahimi (he doesn't rush you in and out), I'm going to book myself for a Tulip Lift. I'll let you judge for yourself in a later issue of *Celeb Staff* magazine.

You can learn more about Dr. Rahimi and his wondrous procedures on his website:

[www.foreveryoung-inc.com](http://www.foreveryoung-inc.com).



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