PATIENT INSTRUCTIONS FOR
COOLTOUCH THERMESCENT SKIN TREATMENT

• The area that has been treated will have some temporary redness and slight swelling for a few hours following your treatment.

• The area treated may feel like a mild sunburn or windburn for a few hours after treatment. Apply a cool cloth or a wrapped ice pack as needed for discomfort.

• Please call our office to report any blisters, areas of skin crusting, unusual pain or prolonged redness.

• Be gentle with the treated area – no rubbing, shaving or scratching for a period of 24 hours. Your skin may be delicate after your treatment.

• Avoid intense sun exposure to the areas treated for several days. Use a UVA/UVB sun block with a SPT of at least 15 for areas that cannot be covered.

• Be patient. This is a cellular process, not a surgical one. The body responds to the gentle treatment of CoolTouch over a period of months to achieve subtle improvements.

• Call back for your next CoolTouch treatment in approximately four weeks.