

THE QUEST FOR ETERNAL YOUTH —

# WESTLAKE LASER & AESTHETICS MEDICAL GROUP

SPECIALIZES IN KEEPING PATIENTS FOREVER YOUNG

BY ALICIA DOYLE

“Our expertise in the skin and our caring bedside manner differentiate us from other practitioners.”

TWO DOCTORS WITH EXTENSIVE BACK-GROUNDS IN THEIR FIELDS OF EXPERTISE HAVE GALVANIZED FORCES AT WESTLAKE LASER & AESTHETICS MEDICAL GROUP — A PRACTICE THAT SPECIALIZES IN DERMATOLOGY AND THE LATEST FDA-APPROVED NON-SURGICAL COSMETIC PROCEDURES FOR BOTH MEN AND WOMEN.

Specializing in minimally invasive procedures in which only local anesthesia is needed, Drs. A. David Rahimi and Michael Lin have come together to offer a wide range of treatments to help patients look and feel their very best.

“We treat acne scars and skin cancer, and offer several lasers to improve the skin, including CooLtouch, Fraxel, Photofacial Rejuvenation and laser hair removal,” said Dr. Rahimi, whose practice, Forever Young, is based in Los Angeles. In 2009, he teamed up with Dr. Lin — founder of the Advanced Dermatology and Skin Cancer Institute with offices in Sherman Oaks, Santa Clarita, Beverly Hills and City of Industry — to open Westlake Laser & Aesthetics Medical Group in Westlake Village.

Their expertise is the foundation of the practice. Dr. Lin, a California-licensed physician and

board-certified dermatologist and a clinical instructor at UCLA, is the founder of the LINAGE Dermatology Institute, specializing in cosmetic dermatology, and DrLinDirect, specializing in his customized skincare products, for at-home maintenance programs.

Dr. Rahimi, certified by the American Board of Dermatology and Diplomate of the American Board of Cosmetic Surgery, specializes in minimally invasive procedures that look natural and heal fast. He has helped the field evolve with the TuliLift Facelift, a patented procedure that is safer and more effective than a traditional facelift. He has also worked closely with medical pioneers like Dr. Theodore Sutnick, MD, who created Manual Epidermal Dermabrasion (MED), a gentler alternative to chemical peels and lasers. He is also the author of *Please Don't Die Trying to Become Beautiful — A Surgeon's Plea*.

“Westlake Laser ... is a satellite office for both of us — we took over the practice from Dr. Barke, who had managed it for more than 12 years,” Dr. Rahimi explained. Today, “we have several thousand patients — ages range from 15 to 98. If we don't offer a procedure here at Westlake, we bring our patients to Sherman Oaks or Los Angeles.”

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MEET THE DOCTOR



BOARD-CERTIFIED DERMATOLOGIST  
COSMETIC SURGEON

**A. DAVID RAHIMI  
MD, FAAD**

Dr. Rahimi, certified by the American Board of Dermatology and Diplomate of the American Board of Cosmetic Surgery, specializes in minimally invasive procedures that look natural and heal fast. He has helped the field evolve with the Tuliplift Facelift, a patented procedure that is safer and more effective than a traditional facelift.

MEET THE DOCTOR



BOARD-CERTIFIED DERMATOLOGIST  
MOHS SKIN CANCER SURGEON

**MICHAEL LIN  
MD, FAAD**

Dr. Lin, a California-licensed physician and board-certified dermatologist and a clinical instructor at UCLA, is the founder of the LINAGE Dermatology Institute, specializing in cosmetic dermatology, and DrLinDirect, specializing in his customized skincare products, for at-home maintenance programs.

“Our focus is **minimally invasive** procedures — we don't want people to die trying to become beautiful. We want our patients to look their best self, not someone else, and we offer very reasonable prices.”

The professional staff at Westlake Laser includes registered nurses, estheticians and medical assistants. The practice is also home to internist Dr. David Matian, who administers the Weight Control Program, a medically supervised program based on sound nutritional principles, approved and prescribed appetite inhibitor medications and exercise.

“The most popular services we offer are laser hair removal, photofacials and laser peels to reduce brown spots, Botox, Restylane, Juvederm and chemical peels,” Dr. Rahimi said. Above all, “we really care about our patients. Dr. Lin and I love what we do and we're always trying to find better ways of doing things. Our focus is minimally invasive procedures — we don't want people to die trying to become beautiful. We want our patients to look their best self, not someone else, and we offer very reasonable prices.”

**Laser treatments** — used for lines and wrinkles, rosacea, spider veins and brown spots — use the Lumenis One IPL, Alma laser, Cooltouch laser and the Diolite 532 laser. The laser light is specifically absorbed by the blood vessels in the vascular lesion, and the body re-absorbs the treated vessels during the natural healing process. The Cooltouch Facial Rejuvenation uses a long wavelength 1320-nm laser that stimulates the production of connective tissue (collagen) making skin smoother and tighter.

**IPL Photofacial Rejuvenation** — using the Lumenis One platform — is considered the most powerful and versatile aesthetic system available for the treatment of pigmented lesions, sun damage, rosacea, broken capillaries and spider veins. Recognized worldwide as the new gold standard in laser and pulsed light technology, Lumenis' system offers exceptional versatility, efficacy and patient comfort and safety.

**Laser hair removal involves the LightSheer diode laser** — the world's most advanced treatment for the removal of unwanted hair. FDA-approved, this state-of-the-art technology can treat most areas, depending on each patient's needs.

**Volume Replacement Therapy** — using Juvederm XC, Restylane, Radiesse, Sculptra or other fillers — smooth lines

and wrinkles and adds definition to lip borders from the inside out. They are also used to correct facial wrinkles and lines across the forehead, frown lines and other areas of concern.

**The Thermage Procedure** — also known as the non-surgical facelift — is a safe, clinically proven way to tighten and contour skin, with improvements in tone, contour and texture occurring naturally through the stimulation of your own collagen. A single treatment tightens existing collagen and stimulates new collagen growth, with immediately visible improvements that continue up to six months. Results can last for years depending on each client's skin condition and aging process. And unlike injections or fillers, Thermage works on the entire body — face, eyes, neck, chest, arms, abdomen and legs.

**Sclerotherapy** — leg spider vein removal — is a technique in which a very fine needle is used to inject a sclerosing agent into small vessels (spider veins) under the skin. The procedure treats only currently visible veins, and does nothing to permanently alter the venous system or prevent new veins from surfacing in the future. Overall, the skin will appear more clear and healthy.

Westlake Laser and Aesthetics also offers many types of chemical peels such as Glycolic peels, Jessner peels, TCA (Tri-chloroacetic acid peels) to treat a variety of conditions including fine lines, acne scarring, melasma (dark skin pigmentation), brown spots and pre-cancerous (actinic keratosis) spots.

Westlake Laser also offers LINAGE LINQ, a comprehensive skincare line based on clinically proven ingredients, developed by Dr. Lin. These unique products help improve the skin's cellular functions, enhance the natural epidermal renewal process and accelerate skin regeneration, revealing a luminous, more youthful complexion.

“We provide the latest laser technology and surgical techniques. Many patients come to us looking for innovative treatments and solutions to skin problems that others cannot treat,” Dr. Lin added. “Our expertise in the skin and our caring bedside manner differentiate us from other practitioners.” **yhc**

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